

**Ms. Race Press Release**

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**Women Wind Warriors, this year's Ms. Race theme, for women only  
sailors to benefit 180 Turning Lives Around is coming soon to Sandy  
Hook Bay - is everyone ready?**

The Ms. Race, to be held on Saturday, August 19<sup>th</sup>, is a charity event hosted by the Atlantic Highlands Yacht Club to encourage women to sail and to support 180 Turning Lives Around. You don't have to be a member of the Yacht Club to enter the race.

There is still time to sign up for the race. Set aside the I can'ts and what if's and put together your all-female crew. It will be a Pursuit Race, in which each boat will have its own start based on its PHRF-MA rating. If you don't have a boat and would like to participate as crew, contact us at the email address above.

After the race, starting at about 5:30, there will be a celebration of all the sailors, food, an awards ceremony, a raffle (including even football tickets), some nautical items for sale, a 50/50, and more. Plus a DJ!

180 (180nj.org) is a Monmouth County private non-profit organization committed to ending domestic violence and providing a safe haven for its victims, and helping rebuild shattered lives. Since its first race in 2005, the Ms. Race has humbly given all proceeds from the race and associated events to 180.

For more information about the race, registration forms and photos from past races, please visit Ms Race at [ahyc.net](http://ahyc.net) or email the race committee at [ahyc.ms.race@gmail.com](mailto:ahyc.ms.race@gmail.com). Become a Wind Warrior and start sailing!

**About AHYC**

The Atlantic Highlands Yacht Club (<http://ahyc.net>) was founded in 1953 and has its clubhouse in the Atlantic Highlands Municipal Harbor. The club holds racing events throughout the season, and inquiries about membership are welcome.

**About the AHYC Ms. Race**

The Ms. Race was started in 2005 by a group of women sailors with the goal of supporting and promoting the participation of women in sailing and to benefit 180 Turning Lives Around. The New Jersey Yacht Racing Association has recognized the Ms. Race as the best women only race in New Jersey.